# Project AIM (Adult Identity Mentoring): Supplies and Equipment Checklist

|  |  |
| --- | --- |
| **Module** | **Supplies and Equipment Needed** |
| **Part 1– Legacy, Role Models, and Peers** |  |
| Session 1 – What is a Legacy? | Facilitator* *Legacy Photos* poster
* Newsprint, easel, markers

Youth* Workbook
* Pens
 |
| Session 2 – Looking Ahead to My Future | Facilitator* *Group Agreements* poster
* *Practices for Building Self-Confidence* poster
* Hole puncher
* Newsprint, easel, markers

Youth* Workbook
* Pens
* Key chains
 |
| Module 3 – Guest Speakers | Facilitator* *Group Agreements* poster
* *Note-Taking* poster
* Newsprint, easel, markers
* Envelopes

Not Included in Implementation Kit* Workbooks
* *Project AIM* stationary
* Pens
 |
| Module 4 – What Lifts Me Up, What Hold Me Back? | Facilitator* *Group Agreements* poster
* Newsprint, easel, markers
* *Positive and Negative* sheets

Youth* Workbooks
* Pens
 |
| **Part 2– Exploring My Future** |  |
| Session 5 – Expressing Myself in My Future Career | Facilitator* *Group Agreements* poster
* Newsprint, easel, markers
* *Career Puzzles* Pieces

Youth* *Career Game Explorer* booklets
* Pens
 |
| Session 6 – Exploring my Future | Facilitator* *Group agreements* poster
* Newsprint, easel, markers
* *Personalized Career Reports* for each youth
* *Individual Interview* guides

Youth* Workbooks
* Pens
 |
| Session 7 – What Does Today Have to Do With My Future? | Facilitator* *Group Agreements* poster
* *Individual Interview* guides

Youth* Workbooks
* Pens
 |
| Session 8 – What Can I Do NOW to Get There? | Facilitator* *Group Agreements* poster
* *Directory of Images*
* *Individual Interview* guides
* Business card examples

Youth* Workbooks
* Pens
 |
| **Part 3– Expressing Yourself** |  |
| Session 9 – Expressing Myself in Communication and Relationships | Facilitator* *Group Agreements* poster
* *Choose My Style* poster
* Newsprint, easels, markers
* *Role play scenario cards* (5 of each)
* *Passive, Assertive, and Aggressive* cards

Youth* Workbooks
 |
| Session 10 – Vacation Exploration | Facilitator* *Group Agreements* poster
* Vacation planning materials (maps, travel books/magazines, brochures, websites, etc.)
* *Individual Interview* guides

Youth* Workbooks
* Calculators
* Pens
 |
| **Part 4– Choosing My Future** |  |
| Session 11 – Choosing My Future | Facilitator* *Group Agreements* poster
* *My Timeline* poster
* *Web Newsprint* from Session 2
* Newsprint, easel, markers
* *Individual Interview* guides

Youth* Workbooks
* Pens
 |
| Session 12 – Putting It All Together | Facilitator* *Group Agreements* poster

Youth* Workbooks
* Pens
* *Letters of Recommendation*
* *Business Cards*
* Portfolios
* *Web-Tickets and Web-Ticket* guide
* *Certificates of Accomplishment*
 |