Reflection Guide

Situation/Issue:

Decisional Level:

Where do we go from here? Implications for the future?

What would you say about this issue to somebody who did not see what happened?

How would you summarize your learning?

How does this experience affect what you are going to do?

What are your/our next steps?

Objective Level:

Describe the facts using all your senses.

What did you hear? What did people say about this topic?

What scenes, images do you remember?

What happened?

Interpretive Level:

What do you think about it? What does it mean?

What is this really about? What is significant about what happened?

How was this important to you? What are your key takeaways?

What do we need to do differently?

What are we learning?

Reflective Level:

What are your internal responses to what happened? Emotions and memories?

What was your first response? How did it make you feel?

Which part surprised you? What delighted you?

What other experiences are you reminded of?

What other situations are you reminded of?