

# Inclusive Program Environments: Resources

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## Section1: Including Youth with Different Abilities

- Companion presentation: <https://vimeo.com/392044905/97e26bc585>
  - Slides: [www.actforyouth.net/resources/ipe/inclusive-presentation-different-abilities.pdf](http://www.actforyouth.net/resources/ipe/inclusive-presentation-different-abilities.pdf)
- American Academy of Child & Adolescent Psychiatry: Facts for Families Guide  
[https://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/Layout/FFF\\_Guide-01.aspx](https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/Layout/FFF_Guide-01.aspx)  
Fact sheets on autism spectrum disorder, learning disorders, ADHD, PTSD, and many other issues
- National Institute of Mental Health: Health Topics  
<https://www.nimh.nih.gov/health/topics/index.shtml>  
Guides on ADHD, coping with traumatic events, autism spectrum disorder, etc.
- Harvard Health Publishing: HelpGuide  
<https://www.helpguide.org/>  
Articles on ADD/ADHD, autism spectrum disorder, helping children cope with trauma, etc.
- National Alliance on Mental Illness: Website  
<https://www.nami.org>
- National Alliance on Mental Illness: OK2Talk.org  
<http://ok2talk.org/>  
Online community for teens and young adults who are struggling with mental health conditions.
- Center for Parent Information and Resources  
<http://www.parentcenterhub.org/#>
- The Child Mind Institute  
<https://childmind.org/>  
An independent, national nonprofit dedicated to transforming the lives of children and families struggling with mental health and learning disorders.
- The Child Mind Institute: Speak up for kids  
<https://speakupforkids.org/splash/>  
Celebrities speak about their childhood challenges with mental health and the advice they would give their younger selves. Can be inspirational for young people.

### **Autism Spectrum Disorder**

- National Center for Autism  
<http://autismnow.org>
- Autism Spectrum Disorder  
<https://www.cdc.gov/ncbddd/autism/index.html>
- Interacting with Autism  
<http://www.interactingwithautism.com/>
- The Reason I Jump  
<https://www.penguinrandomhouse.com/books/227014/the-reason-i-jump-by-naoki-higashida/>

### **Trauma**

- National Child Traumatic Stress Network  
<http://www.nctsn.org/>
- Adverse Childhood Experiences Study  
<https://www.cdc.gov/violenceprevention/acesstudy/>
- ACES too High  
<https://acestoohigh.com/>