

Registration/Enrollment Questions

Below are a few questions you may consider adding to your registration or enrollment process to learn more about the young person, their strengths, needs and coping strategies.

For Younger Youth (parents will answer these questions)

1. What are your expectations/goals for this program?
2. What are your child's favorite activities at home and/or school?
3. What motivates your child? How can we let your child know they are doing well?
4. Under what circumstances does your child become easily upset?
5. How does your child behave when upset or anxious?
6. How does your child behave when angry?
7. What kind of support helps them calm down (e.g., playing with a special toy, explaining, quiet time)?

For Adolescents

1. What are your expectations/goals for the program?
2. What do you enjoy doing in your free time? What are your passions?
3. In this program you will interact with many other young people. Are there any circumstances that may make this uncomfortable or upsetting?
4. What kind of support can we offer to make you more comfortable being in a group with other young people?
5. When you are upset, what do you usually do to calm yourself down?
6. When you are upset, what kind of support can we offer to help you calm down?