Worksheet: Framework for Understanding Adultism

Manifestations of Adultism	Youth Responses	Long-term Effect on Youth	Alternative Behavior
Dysfunctional Rescuing – helping young people			
on the assumption that they cannot help			
themselves, or helping youth in a way that limits			
their ability to help themselves. Example:			
Example.			
Blaming the Victim – attributing the behavioral			
problems of young people solely to the youth			
themselves, without considering that many			
young people have grown up in poverty, in			
dangerous neighborhoods, in inferior schools,			
and among adults who don't care about them.			
Example:			
Avoidance of Contact - lack of regular social or			
professional contact with young people, and lack			
of effort to learn about youth and the			
environments in which they live.			
Example:			
Denial of Distinctiveness of Youth Culture -			
age and cultural differences are assumed to be			
merely superficial. Often associated with "age-			
blind" or "color-blind" approaches.			
Example:			
Denial of Political Significance of Adultism -			
lack of understanding or denial of the social,			
political, and economic realities of young people.			
Example:			

Source: Advancing Youth Development curriculum