

## ***Gathering Information About Young People's Strengths***

Sample questions to elicit interests, goals, dreams, strengths (generated by participants of previous workshops)

- What do you like to do on a sunny day?
- What do you do or like to do in your free time?
- What is your favorite subject in school?
- What is your favorite....?
- What is the nicest thing you have ever done?
- What do you watch on TV? Movies? Music? – What does it mean to you?
- Who do you admire?
- When do you feel at your best?
- Tell me something you could teach someone else.
- What do you think you will be doing in a year? 5 years?
- What do you like best about yourself?
- How do you think your friends would describe you?
- Parents – What are you most proud of?
- Where would you like to go?
- If you could go on vacation, who would you bring?
- What do you like to do after school?
- What do you like to do to make yourself feel good about yourself?
- What do you want to do with your life?
- Which animal would you want to be? Why?
- Describe the type of person you want to see working here.
- Who do you look up to?
- Tell me about three people you care about.
- Where do you want to go with school?

***Use conversational style – start a conversation on a topic such as movies, music – keep it a two-way communication.***